



Central Valley Sports League – Concussion & Head Injury Acknowledgment

Purpose:

Player safety is our top priority. Concussions and head injuries are serious and can have lasting effects. California law (AB 2007) requires youth sports organizations to provide concussion information to parents and athletes annually.

Key Information

- A concussion is a brain injury that may be caused by a bump, blow, or jolt to the head or body.
- Signs may include headache, dizziness, confusion, nausea, blurred vision, or difficulty concentrating.
- An athlete **should not return to play** on the same day of a suspected concussion.
- Clearance by a licensed health care provider is required before an athlete can return to practices or games.

Parent/Guardian Responsibilities

- I agree to **review concussion information** with my child.
- I understand that if my child is suspected of having a concussion, they will be removed from play and not allowed to return until cleared by a health care provider.
- I will encourage my child to report any symptoms of a head injury to coaches or league officials immediately.

Agreement

I acknowledge that I have read and understand the information provided about concussions and head injuries.