



Cayman Islands Netball Association (CINA)

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Code of Conduct: Netball Players

Upholding Integrity, Respect, and Excellence in Sport

Introduction

Netball is a sport that athletes and enthusiasts alike participate in. It is governed by a comprehensive code of conduct that ensures the game is played with integrity, respect, and excellence. This document explains the expectations for netball players across all levels, from grassroots to professional, and emphasizes the importance of ethical behavior both on and off the court.

1. Respect for the Game

Players **MUST** honor the traditions and spirit of netball, understanding that their actions reflect upon the sport as a whole.

Fair Play

- Consistently perform to the highest standard of your ability.
- Uphold the rules of the game and respect the decisions of the officials.
- Abstain from any form of cheating or gamesmanship.

Respect for Opponents

- Behave towards all opponents with respect, irrespective of the outcome of the game.
- Abstain from engaging in any form of verbal or physical abuse. Including hitting, shoving, kicking, or any form of physical contact that harms either party.
- Acknowledge the efforts of your opponents and their right to compete fairly.
- Shall not use foul language, abusive language, or gestures towards opponents, match officials, or spectators.
- Promote the safeguarding and welfare of all Participants in Netball.

2. Respect for Officials

Officials play a crucial role in ensuring the game is fair and enjoyable. Players **MUST** accept their decisions without dispute.

Compliance

- Comply with the instructions given by officials without argument.
- Refrain from questioning decisions or displaying dissent.

Courtesy

- Address officials politely at all times.
- Avoid actions that could be perceived as confrontational or disrespectful.

3. Respect for Teammates and Team Dynamics

A successful netball team thrives on unity and mutual support.

Team Spirit

- Encourage and support your teammates.
- Celebrate team achievements and work collaboratively towards common goals.

Role Understanding

- Understand and fulfill your role within the team.
- Cooperate with coaching staff and adhere to training schedules and game plans.
- Declare opposition to any discrimination on the grounds of race, gender, religion, creed, political beliefs, disability, marital status, sexual orientation, or trade union activity.

4. Personal Conduct

Players' behavior off the court is as significant as their behavior on the court. (*See Appendix I*)

Sportsmanship

- Exhibit sportsmanship in all interactions, whether during training, matches, or public appearances.
- Avoid any behavior that could tarnish the reputation of the sport of netball.
- Be a good sport - win with modesty, lose with dignity.
- Declare opposition to any discrimination on the grounds of race, gender, religion, creed, political beliefs, disability, marital status, sexual orientation, or trade union activity.

Healthy Lifestyle

- Maintain a healthy lifestyle to ensure peak performance.
- Ensure adherence with the World Anti-Doping Code and the Company's anti-doping rules (as amended from time to time). Avoid the use of alcohol, performance-enhancing drugs, or other banned substances as listed by WADA (i.e., <https://www.wada-ama.org/en>).

5. Commitment to Development

Continuous improvement of skills and knowledge is vital for both personal and professional growth.

Training and Preparation

- Commit fully to all training sessions and preparation activities.
- Seek continuous improvement through feedback and self-assessment.

Education

- Engage in ongoing education about the game, including rules, strategies, and techniques.
- Stay informed about the latest developments in sports, science, and nutrition.

Conclusion

Adherence to this code of conduct ensures that netball is played in a spirit of fairness, respect, and excellence. By upholding these principles, players contribute to the sport's positive image and inspire future generations to embrace the values that make netball a beloved and respected game in the Cayman Islands and worldwide.

Player's Full Name

Date: _____

Player's Signature

APPENDIX I

Behaviors leading to removal from a sport can be broadly categorized as those that violate rules, disrupt the game, or demonstrate a lack of sportsmanship. Examples include physical violence, verbal abuse, taunting, drug use, cheating, and consistently missing practices or competitions.

Here's a more detailed breakdown:

1. Violations of Rules:

- **Physical Violence:** Fighting, punching, shoving, kicking, or other forms of physical aggression.
- **Illegal Actions:** Deliberately breaking game rules, such as handling the ball in football or using illegal equipment.
- **Drug Use:** Testing positive for prohibited substances. (*See WADA website*)

2. Disruptive Behavior:

- **Verbal Abuse:** Insulting or harassing opponents, coaches, or officials.
- **Taunting:** Intentionally provoking or mocking opponents.
- **Excessive Celebration:** Engaging in overly boisterous or disrespectful celebrations.
- **Feigning Injury:** Pretending to be injured to gain an advantage or avoid penalties.
- **Disrespectful Conduct:** Disregarding the coach's instructions, showing disrespect for officials, or generally disrupting the game.

3. Lack of Sportsmanship:

- **Poor Sportsmanship:** Exhibiting disrespect, uncooperativeness, or other behaviors that undermine the spirit of the game.
- **Hooliganism:** Engaging in violent or disruptive behavior at events or venues, or the use of expletives.
- **Cheating:** Taking unfair advantage of the rules or other players.

4. Other Violations:

- **Unexcused Absences:** Missing practices, rallies, or competitions without proper notification or justification.
- **Code of Conduct Violations:** Violating school, team, rally, or league rules regarding behavior.
- **Harassment or Bullying:** Engaging in verbal, physical, or emotional harassment of teammates or opponents.

These behaviors can result in penalties ranging from warnings and suspensions to expulsion from the sport. Suspension times will vary based on the incident. Penalties will be decided by the CINA Executive Committee and any other party/parties) deemed necessary by the Executive Committee.