

SLI HITTING ACADEMY CLINIC

PLACE: Chico, California Sycamore Field in Bidwell park

DATE/TIME:

August 16th - Clinic small group/more individual time 8am-2pm

PRICE:

\$300 for clinic and \$200 for refresher



SOFTBALL HITTING ACADEMY DETAILS

Our classes include much more than just practice. We include mental and physical information to improve your approach as well as muscle memory. It requires knowledge and hard work to become an improved softball hitter.

- INSTRUCTION
 Instruction and drills on overall swing mechanics
- ANALYSIS Detailed Hitting Analysis, slow motion Voice overs with drawing to pinpoint areas need improvement.
- HITTING AIDS Including Tee and how to effectively use, Jimmer Sticks, Video, King of the Swing and Velocity bats to name a few.
- EXPERIENCED STAFF HOF and High-Level Ballplayers Available for group and one on one conversations.

- CLINIC IS AVAILABLE for all level of players from HOF players to rec players just trying to improve their hitting!
- WIDE ARRAY OF PLAYERS ATTEND All ages, Male and Female and Young to Old
- 8 SEQUENCE STEPS Practice and learn the steps that the Pro Players use to develop good, swing and mechanics and we will break down each step and show how you can improve and maintain these steps.

SIGN UP AT: SliAcademy.com/clinics