##  **Waiver and Release Agreement**

This waiver and release form is intended to protect **Just For Kicks FC**, **L.L.C**, its coaches, staff, volunteers, directors, affiliates, sponsors, and facility partners (collectively referred to as “the Club”) from legal liability related to participation in Club-related activities. It applies to all activities including but not limited to:

* Soccer and multi-sport functional training
* Scrimmages, games, tournaments, and leagues (At Club or Non-Club facilities)
* Speed, strength, agility, or conditioning drills
* Club-hosted events, camps, or clinics (At Club or Non-Club facilities)
* Indoor/outdoor facility usage
* Local and off-site travel
* Family or guests attending activities with the participant (local or off-site)

### **1. Assumption of Risk**

I acknowledge that participation in physical sports activities carries inherent risks of injury, illness, or even death. These risks include but are not limited to:

* Muscle strains, sprains, concussions, fractures, or orthopedic injuries
* Contact with other players, equipment, or playing surfaces
* **Heat-related illnesses**, including but not limited to **heat exhaustion, heat stroke, and dehydration**
* **Complications from known or unknown underlying medical conditions**, including but not limited to asthma, cardiac conditions, or undiagnosed issues
* Transportation-related incidents during travel to and from events
* Exposure to communicable illnesses, including but not limited to COVID-19, influenza, RSV, or similar viruses

I understand that these risks can be elevated by environmental conditions, intensity of training, and unknown health factors. I voluntarily accept and assume all risks for myself or the minor participant named above.

### **2. Parent/Guardian Acknowledgment of Medical Fitness**

☐ **I certify that the Participant is physically and medically fit to safely participate in all Just For Kicks FC activities**, and has had a medical check up and medical release from his Medical provider to participate in physical activity including high-intensity training, games, and travel.
 I understand that I am responsible for monitoring the Participant’s health and for notifying the Club of any condition that could impact safe participation. I acknowledge that failure to disclose medical information may increase the risk of injury or illness, and I release Just For Kicks FC from liability related to such omissions.

 **Medical Evaluation & Parental Responsibility**

☐ **I certify that the player has undergone a full medical evaluation prior to participating in any Just For Kicks FC training, games, or physical activities.** ☐ **As the parent or legal guardian, I accept full responsibility for the physical health and condition of the player upon enrollment.**

### **3. Medical Consent & Emergency Care Authorization**

In the event of injury or illness, I authorize **Just For Kicks FC** staff or volunteers to seek emergency medical care for the Participant. I understand that all medical decisions will be made in good faith and that I am financially responsible for all associated costs, including emergency transport.

### **4. Waiver and Release of Liability**

I, on behalf of myself or my minor child, hereby release, waive, discharge, and hold harmless **Just For Kicks FC**, its coaches, directors, staff, affiliates, and volunteers from any and all claims of injury, illness, death, or property damage resulting from participation in Club activities, whether caused by negligence or otherwise.

This release also applies to accompanying family members, siblings, and guests present at any Club activity or location.

### **5. Photo/Video Media Release**

I grant **Just For Kicks FC** the right to photograph, film, or record the Participant during Club activities for use in educational, promotional, or advertising materials, including website and social media. No compensation will be provided, and no names will be used without separate written permission.

### **6. Code of Conduct Agreement**

I agree that the Participant and all family or guests will follow the Club’s behavior and safety guidelines at all times. This includes:

* Respecting staff, coaches, referees, and fellow players
* Refraining from abusive or disruptive behavior
* Following all facility rules and safety protocols

Failure to comply may result in disciplinary action, including removal from the program without refund.

### **7. Travel & Transportation**

I acknowledge that Club activities may require travel to off-site locations or fields. Whether transportation is provided by the Club or arranged individually, I accept full responsibility for any risks associated with travel and waive liability for injuries or incidents occurring during transport.

### **8. Indemnification Clause**

I agree to indemnify and hold harmless **Just For Kicks FC** and its representatives from any losses, claims, costs, or damages arising out of or relating to my child’s participation in the program, including those caused by third-party individuals or by the Participant themselves.

### **☐ Acknowledgment of Agreement**

By checking this box and signing below, I certify that:

* I have read and fully understand this Waiver and Release
* I voluntarily accept the terms for myself or my child
* I acknowledge the Participant is medically and physically fit to participate in the program
* I am the parent/ legal guardian, 18 years of age or older and authorized to sign this form