



Raleigh Rugby Youth Program – Code of Conduct

(Revised July 2025)

PLAYER CODE OF CONDUCT

As a player participating in the Raleigh Rugby Youth Program, I agree to the following standards of conduct:

RESPECT & INTEGRITY

1. I am an ambassador of rugby and represent the team I am playing for, Raleigh Rugby Football Club, NCYRU and USA Rugby. As such, I understand that I am expected to demonstrate good and responsible behavior at all times, both on and off the pitch.
2. I will abide by all rules and regulations applicable to the team imposed by the International Rugby Board, NCYRU, USA Rugby, and the local hosts.
3. I will respect my teammates, coaches, referees & touch judges, opponents, and volunteers.
4. I will honor the laws and spirit of the game.
5. I understand that I am on a team and will be a team player. I will do this by putting my personal goals aside for the betterment of the team.

COMMITMENT & EFFORT

6. I will give my best effort at all practices and matches.
7. I will communicate promptly if I am unable to attend or will be late.
8. I will prioritize the success of the team over individual recognition.
9. I will arrive prepared and properly equipped.
10. I will balance rugby with school and personal responsibilities.



CONDUCT & SAFETY

11. I will not exhibit impolite or antisocial behavior (dangerous play) of any sort that would adversely affect the image of the game as a serious and disciplined endeavor. This includes dirty play, and verbal and physical abuse of teammates, opposing players, coaches, referees, touch judges, spectators and/or support staff.
12. I will not, before, during or after a match, threaten or address a referee or touch judge in insulting terms or act in a provocative manner towards teammates, opposing players, coaches, referees, touch judges, spectators and/or supporters.
13. I will abide by all rules and regulations applicable to the team imposed by the International Rugby Board, NCYRU, USA Rugby, and the local hosts.
14. I understand that Raleigh Rugby is an all-inclusive club that welcomes diversity, and will not make racist, sexist, homophobic, religious or otherwise bigoted jokes or statements.
15. I understand that obscene or profane language will not be tolerated and will not use foul language towards, taunt, or disrespect teammates, opposing players, coaches, referees, touch judges, spectators and/or supporters.
16. I understand that bullying or harassment of any kind will not be tolerated whether through physical, emotional or digital means in personal or club related communication channels including social media, text messages, etc.
17. I will not be critical of teammates and never discuss a teammate's abilities except to encourage good teamwork and thank them for their efforts.
18. I will not be under the influence of, possess or use alcoholic beverages or drugs including but not limited to tobacco, vapes, and/or marijuana at any event in which I am representing the club including away matches, trips, activities and tournaments.
19. I will never bring weapons or dangerous materials to any team event.

SOCIAL MEDIA & DIGITAL BEHAVIOR

20. I will use social media respectfully and will not post messages, images, or videos that insult, disparage, criticize, or harm players, parents, coaches, referees, volunteers, or the Raleigh Rugby Youth Program or Club.
21. I understand that online behavior that violates this code may result in disciplinary action.



PARENT/GUARDIAN CODE OF CONDUCT

As a Parent/Guardian participating in the Raleigh Rugby Youth Program, I agree to the following standards of conduct:

RESPECT & INTEGRITY

1. I will set an example for my child by honoring the game and will encourage him/her to remember to have respect for the laws and rules, opponents, officials, teammates and themselves.
2. I will demand that children always play within the laws of the game. Cheating is not allowed.
3. I will refrain from making negative comments about my child's coach in my child's presence. I understand that this will help to avoid planting negative seeds in my child's head that can negatively influence my child's motivation and overall experience.
4. I will recognize the value and importance of volunteer referees and coaches. They give of their time and resources to provide recreational activities for young people.
5. I will not publicly question the referee's judgment and never their honesty.

SUPPORT & ENCOURAGEMENT

6. I will support my child's development through positive encouragement and respectful involvement.
7. I understand that rugby is for the players, and I will not pressure my child to win or perform a certain way.
8. I will let players and coaches take responsibility for the first goal of winning. I will relentlessly focus on the second, more important, goal of using sports to teach life lessons to my child and other youth.
9. I will use positive encouragement with my children, their teammates and coaches.
10. I will set an example for my child by honoring the game and will encourage him/her to remember to have respect for the laws and rules, opponents, officials, teammates and themselves.
11. I will set a good example by applauding good play on both sides.



COMMUNITY & SAFETY

12. I will ensure my child is on time for practices and games and picked up promptly.
13. I will take an active role in Raleigh Youth Program activities and volunteer to assist our team and the club.
14. I understand that Raleigh Rugby is an all-inclusive club that welcomes diversity, and will not make racist, sexist, homophobic, religious or otherwise bigoted jokes or statements.
15. I will not use tobacco, vapes, or alcohol at youth rugby events.
16. I will not provide drugs, alcohol, tobacco, or vapes to any youth player.

SOCIAL MEDIA & COMMUNICATION

17. I will not post or share messages online that negatively target players, parents, coaches, volunteers, referees, or the Raleigh Rugby Youth Program or Club.
18. I will raise concerns respectfully and through appropriate program channels—not through public or social media platforms.

DISCIPLINARY POLICY

Enforcement

The Raleigh Rugby Youth Program will review any violations of this Code of Conduct. Depending on the severity, consequences may include:

- Verbal or written warning
- Suspension from team activities
- Dismissal from the program
- Ineligibility for future seasons



Appeals

Families may submit written appeals within 7 days of a decision to the Raleigh Rugby Club Chairperson. All decisions will be reviewed in good faith with an emphasis on fairness and safety.

ACKNOWLEDGMENT

By registering with the Raleigh Rugby Youth Program, I acknowledge that I have read and understood this Code of Conduct. I agree to follow its standards and represent the program with respect and integrity.

Name

Date

Signature