

13 Above — GAME RULES OVERVIEW



🥯 Official Game Rules – 2025 Season

We play by the official 2025 MLB Rulebook (with youth modifications below!)



Game Setup

- **Game Length: 7 Innings**
- Time Limit: No new inning may begin after 2 hour
- **Base Distance: 90 feet**
- Official Scorebook:
 - Maintained by home team or League Official in GameChanger
 - Official lineups must be turned in to the scorekeeper 15 minutes before game time
 - Plate Umpire will hold the paper copy of the official lineup during the game



Regulation Game & Run Rules

- Game is Official after:
 - 4 innings if the 15-run rule is met
 - 5 innings if the 10-run rule is met



Batting & Line-Up

- **Continuous Batting Order:**
 - All players on the roster bat in order
 - No player may switch positions in the batting order once the game begins



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Safety Rules

- Batting Helmets must stay on until the player is fully back in the dugout
- Catchers must wear a full catcher's mask (with throat guard) any time they are receiving the ball with or without a batter present
- No players allowed outside the dugout during live play

Coach & Umpire Guidelines

- Rule adjustments may be made at the plate meeting if:
 - Both coaches and the umpire agree
- Only the Umpire in Chief (UIC) can:
 - Make official rule changes
 - Cancel a game in advance

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