

WEST LINN GIRLS YOUTH LACROSSE

PLAYING-UP LIABILITY WAIVER & PARENT CONSENT FORM

West Linn Girls Youth Lacrosse is a recreational program committed to inclusivity, player development, and safety. Playing up an age level may offer developmental benefits, but it also introduces increased physicality, speed, and competitive intensity. This waiver confirms that the parent/guardian understands these increased risks and voluntarily gives their athlete consent to participate in an older age division. **This form is a one-time consent form for post-season tournament play during the Tualatin Valley Spring Classic, May 30th and 31st, 2026.**

Acknowledgement of Increased Risk

By signing below, I understand and agree that:

- Older divisions (especially U12 and U14) involve faster play, more advanced strategies, and stronger, and more experienced athletes.
- Playing up may increase the risk of collision, injury, fatigue, or confusion with advanced concepts.
- Playing up may cause athletes to have unhelpful expectations, increase performance anxiety/stress, and diminish confidence.
- Coaches may adjust playing time or positions to support player safety, confidence, and development.

I acknowledge that lacrosse is a contact sport and that playing up may elevate the inherent risks.

Release of Liability

In consideration of WLGYL allowing my child to play up, I hereby:

- Release, waive, and hold harmless West Linn Girls Youth Lacrosse, its board members, coaches, and volunteers from any and all liability related to injury, accident, or damages arising from participation in the older division.
- Understand that this release applies to practices, games, team events and any activity associated with WLGYL.
- Acknowledge that this waiver applies even if injury results from ordinary negligence of WLGYL or its representatives.

Medical Authorization

I authorize WLGYL coaches, volunteers, or medical personnel to:

- Provide basic first aid
- Seek emergency medical treatment if necessary
- Contact emergency services if I cannot be reached

I accept full financial responsibility for any medical care required.

Parent/Guardian Responsibilities

I agree to:

- Communicate injuries, limitations, or concerns to coaches promptly.
- Ensure my child arrives prepared with proper equipment and hydration.
- Respect coaches' decisions regarding playing time, and positions.

WLGYL Right to Reevaluate or Revoke Play-Up Status

I understand that WLGYL leadership and coaching staff may revoke play-up approval at any time if:

- Safety concerns arise
- The athlete struggles with physical demands or advanced concepts

These decisions are made in the best interest of the athlete, team, and program.

Parent/Guardian Consent

By signing below, I confirm that:

- I have read and fully understand this waiver.
- I voluntarily request that my child participate in an older age division.
- I accept all risks associated with playing up.
- I agree to the release of liability described above.