

Little League Pitch Smart Rules

The above report is based on the following Little League rules to determine the pitcher's next available date and how many pitches can be thrown on that date.

- **Maximum Pitches Per Day**
 - Age 17 to 18 - 105 pitches per day
 - Age 13 to 16 - 95 pitches per day
 - Age 11 to 12 - 85 pitches per day
 - Age 9 to 10 - 75 pitches per day
 - Age 7 to 8 - 50 pitches per day
 - League Age is determined by the player's age on May 1 2026, this will include Fall Ball.
- **Days rest required for pitchers league age 14 and younger**
 - If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
 - If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
 - If a player pitches 21 - 35 pitches in a day, one (1) calendar days of rest must be observed.
 - If a player pitches 1 - 20 pitches in a day, no (0) calendar day of rest is required.
- **Days rest required for pitchers league age 15 and older**
 - If a player pitches 76 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a player pitches 61 - 75 pitches in a day, three (3) calendar days of rest must be observed.
 - If a player pitches 46 - 60 pitches in a day, two (2) calendar days of rest must be observed.
 - If a player pitches 31 -45 pitches in a day, one (1) calendar days of rest must be observed.
 - If a player pitches 1 - 30 pitches in a day, no (0) calendar day of rest is required.