



Junior/Senior BASEBALL

(Playing Age: Junior 13-14 Senior 15-18)

****Play will conform to the requirements of the Babe Ruth rulebook, and as modified by these supplemental park rules.****

Please see Park rules for ejection rules.

Pre Game rules:

- 1.1 At the beginning of the game, each team should contribute one new ball, which will be returned to the team for use as a practice ball after the game. Do not place any team logos on the official game ball.
- 1.2 A game cannot begin with less than 8 players on the team. Game time will be determined by the Head Umpire, to the closest time possible to the scheduled game time. There will be a fifteen-minute grace period for all games for lack of enough players. If one team has less than 8 players, the game will be treated as a forfeit. Only up to 2 players may be picked up from the league below, but it **MUST** be approved by the League Director and/or the Baseball Director. The player(s) must bat last in the line-up and can only play in the outfield. If you only have 8 players, the 9th position will be an automatic out. You cannot just grab a player on your own.
- 1.3 Any play up player must follow League bat rules for the league that they play up in.
- 1.4 The Game must be scored by an official Book or Game Changer App. This is the responsibility of the Home team, unless they relinquish the responsibility to the Away team. Both head coaches must agree to this at the plate meeting. At the plate meeting the Umpire will be advised by the coaches who the official book is for the game. This becomes the official book for the Game. If there is an official protest, the game information **MUST** be exported. It must be sent and received by the Baseball Director and Umpire in Charge before the next pitch.
- 1.5 Between innings shall not be greater than 2 minutes. When the catcher is on base, the coach is encouraged to use a courtesy runner to help keep the game moving. This courtesy runner can be used with 1 or more outs. If an alternate catcher is used to warm up a pitcher between innings, that catcher must be properly equipped per league rules for catchers. **To use courtesy runners in the first inning, coaches must inform opposing coach at the plate meeting who their starting pitcher and catcher is for the game.**
- 1.6 Each coach is responsible for preparing a lineup for the opposing coach/team and having their team ready to play at the predetermined start time.
- 1.7 All players on the roster shall bat. The batting order shall be turned in on the roster to the opposing coach. If a player arrives late, he may be placed in his rostered place if it has not come up. If said player arrived after his rostered place in the lineup, he must be placed in the order as the last batter.
- 1.8 The defensive team may play 9 players: catcher, pitcher, first base, second base, shortstop, third base and three outfielders.
- 1.9 Infield warmups are allowed on each team's respective side of the field. Batter's box and Pitchers mounds are off limits for warm ups.

- 1.10 The Board of Directors of MJ League, Inc. recommends that all male players be equipped with a protective cup prior to each game and practice.
- 1.11 The base paths in Junior/Senior shall be 90 feet. The pitching rubber will be placed at 60.5 feet. Pitching and catching records must be completed by both Head Coaches and emailed to their League Director at the end of their game. The home team will report to both coaches, the official pitch count at the end of each half inning. Coaches are required to have their pitch count book at the field during the game.
- 1.12 The Home Team will occupy the third base dugout and the visiting team will occupy the first base dugout.
- 1.13 All players must play every other inning. No player shall set the bench for two consecutive innings.
- 1.14 There is no maximum to the number of batters or runs in an inning. A half-inning ends when the defensive team records three outs against the offensive team.
- 1.15 Steel cleats are allowed in JR/SR League.

In Game rules: General

- 2.1 All games will be a minimum of 3 innings, but an inning cannot start after 1:30. An inning shall be completed if it begins before the time expiration. A new inning begins immediately upon the third out of the Home Team at bat. The home team is responsible for keeping the official scorebook and shall occupy the third base dugout. Complete game is 7 innings. No children under 12 are allowed to operate the scoreboard.
- 2.2 "Friendly" chanting is allowed, but coaches should immediately stop any mean or derogatory statements. In kid pitching age groups all chanting shall stop when the pitcher come set to deliver the pitch.
- 2.3 Run rule is 15 after 2 innings, 12 runs after 3 innings, 10 runs after 4 innings, and 8 runs after 5 innings
- 2.4 All bats used at MJ League in Baseball for Junior League must be stamped with the " USA BASEBALL" logo and/or BBCOR .50 are allowed no greater than drop 5. Wood bats are allowed.
- 2.4 For Senior League, BBCOR CERTIFIED .50 no greater than drop 3. Wood bats are allowed.
- 2.5 If the illegal bat is discovered prior to a batter completing his "at bat", the batter is out. A player who uses an illegal bat and hits a fair ball will be ruled out. No advancement on the bases will be allowed, and any outs during the play shall stand. This is an appeal play. The "at bat" will be considered legal once a pitch is thrown to the next batter.
- 2.6 If weather interrupts a game and the game is called, it will be considered a complete game if three and a half innings have been played and the home team is ahead. (Four innings with the visiting team leading)(This rule does not apply in tournament games. Tournament games will be played to time limit or mercy rules)
- 2.7 Only one extra inning will be allowed to break a tie after the time limit has expired. The player making the last out during regulation play shall begin the extra inning as a runner at second base. If a game is tied after one extra inning, it will be recorded as a tie during the regular season.
- 2.8 If a player refuses to take the field, except in the case of an illness or injury, they are out of the game and must leave the dugout. An out will be recorded in the batting order.
- 2.9 Base coaches are not allowed to physically restrain or assist a base runner. This will cause said base runner to be called out and all other base runners will be sent back to their last base. Base coaches shall stay in the "coaches box". (coaches boxes are a 4ft to 8ft area in foul territory at 1st and 3rd) These will not be chalked. It is at the umpire's discretion that coaches are not staying in the coaches box. (Example: when a ball is in play the 3rd base coach shall not run home with a runner)

- 2.10 Before the HEAD COACH comes on the field, he must request and receive a time out from the head umpire.
- 2.11 At the end of the season, the Junio/Senior league will have a tournament that will be scheduled and approved by the Baseball Operating Committee.
- 2.12 After a game or practice, coaches should not leave the area until all players have been picked up.
- 2.13 A starting pitcher remaining in a game but moving to a different position, can return as a pitcher anytime during the remainder of the game, but only once and if said pitcher is within the pitch count requirements.
- 2.14 The pitcher must be removed upon the 2nd coach's visit to the mound in one inning or on the 3rd coach's visit to the same pitcher in a game. The coach is not allowed to be on, at or around the pitching mound between innings. If so, this will be considered one of the applicable coach's visits as determined by the head umpire

In Game rules: Defense

- 3.1 When a team is on defense, a maximum of 1 adult are allowed on the field, one outside of the dugout. The defensive coach should be careful to not interfere with the play of the ball.
- 3.2 An intentional walk may be given by the defensive team by having its catcher or coach request the umpire to award first base to the batter. This may be done before pitching to the batter or on any ball and strike count. The pitch count will be adjusted accordingly to the pitcher.
- 3.3 See "Maximum Pitch Counts" & Pitching "Threshold".
- 3.4 If a catcher catches 5 innings or more, he/she cannot play the pitcher position for the remainder of the day.
- 3.5 If a pitcher has thrown 51 or more pitches, he/she cannot play the catcher position for the remainder of the game.
- 3.6 Drop third strike. In situations where the third strike is dropped by the catcher, the batter is considered out if he steps outside of the dirt circle around home plate before running to first base.
- 3.7 The catcher must wear a protective cup during practices and games to reduce the chance of injury.
- 3.8 Once a pitcher mounts the rubber, they can only receive pitching signs from the catcher. Parents or coaches are not allowed to stand outside the fence behind the plate and communicate pitching signs to the pitcher at any time.
- 3.9 No pitcher may pitch on 3 consecutive days in league or tournament play.

In Game rules: Offense

- 4 Only 1 coach and 1 "on deck" batter should be outside the dugout in foul territory playing area. The coach should remain in the area just outside the entrance to the dugout. Other coaches should remain in the dugout unless they are base coaches. The "on deck" batter should warm up to the back of the batter at the plate, (for protection from foul balls). If the base coach on the field is of age to participate in Cal Ripken baseball, then said base coach must wear the proper protective/batting helmet. If the batter is injured during their plate appearance and is unable to finish the at bat, the next batter in the line-up will hit with a new count. No out is recorded for the injured player.
- 4.1 Bunting is allowed. However; If a batter squares to bunt and then pulls back and takes a swing of any kind, the batter shall be called out and all runners must return to the base they occupied prior to the out call.
- 4.2 The "infield fly rule" is in effect.

- 4.3 If the batter is injured during their plate appearance and is unable to finish the at bat, the next batter in the line-up will hit and assume the count of the injured batter. No out is recorded for the injured player.
- 4.4 Each team will be given one warning for accidentally slinging a bat. A subsequent offense by the offending team during the course of the game will result in an out.
- 4.5 Stealing will be allowed on an overthrown ball back to the pitcher as the ball is still live.
- 4.6 Stealing home will be allowed.
- 4.7 Leading off is allowed.
- 4.8 Head first sliding is allowed.
- 4.9 There is **NO** slide rule at home plate. However, deliberate contact with the fielder at home plate will result in an automatic out and the player being ejected from the game.

Revised 6/25/25

MAXIMUM PITCH COUNT	
LEAGUE AGE	MAX PITCHES PER DAY
7-8	50
9-10	75
11-12	85
13-14	95
15-18	95

THRESHOLD		
DAYS OF REST	14 & UNDER	15 & OVER
None	1-20	1-30
1	21-35	31-45
2	35-50	46-60
3	51-65	61-75
4	66+	75+

Post Season Tournament Pitcher Rest ONLY

THRESHOLD				
DAYS OF REST	9-10	11-12	13-14	15-18
None	1-40	1-40	1-45	1-45
1	41-65	41-65	46-75	46-75
2	66-75	66-85	76-95	76-95