

# Coaches Conduct

- I. Head Coach must be minimally 21 years of age by July 1st of the current season.
- II. Assistant Coaches must be minimally 18 years of age by July 1st of the current season.
- III. These required documents must be on file prior to the season opening.
  - A. Current electronic application:
  - B. Current government issued ID
  - C. Current First Aid/CPR card through the end of current season (in person training only).
  - D. FBI/DOJ background screening.
  - E. Completion of the USA Football certification or YCADA cheer certification for current year.
  - F. Must attend a TVYFL coaches clinic
- IV. Must read the current TVYFL Rulebook and become familiar with rules and expectations
- V. Must follow the Chain of Command in all circumstances. Please follow the chain of command as listed below:
  - A. Bring any issue with participant/parent/coaching staff to your Rep.
  - B. If the issue persists, schedule a meeting with your Rep, President and/or VP.
  - C. If there is still no resolve, attend a scheduled board meeting.
- VI. The following fees will be waived for football/cheer coaches with participating immediate family/household members:
  - A. Volunteer deposit
  - B. Equipment deposit
- VII. Coaches shall be responsible for keeping an accurate written record which clearly identifies the attendance and absences of all participants throughout the season (i.e., Practices, Camps, Games/Scrimmages, Competitions, etc.). All records and equipment must be turned in to the Football & Cheer reps at the end of the current season.

VIII. It will be the responsibility of the Head Coach of each “Level” to ensure that the conduct of their coaching staff and players is above reproach at all times.

IX. If at any time the Gustine Redskins Youth Football & Cheer or its Representative is shown good cause and feels a coach is not adhering to his/her responsibility or is not meeting the standards required as a coach, may immediately take appropriate disciplinary action including but not limited to the suspension or expulsion of said coach from the League.

X. Ejected/removed/suspended

A. Any assistant coach ejected/removed/suspended from the game or practice by any Official League Board, or its Representative, for any reason, will be immediately suspended from participation or involvement of any kind, in all practices and games for four weeks following the date in which the incident occurred. The head coach will also be suspended for one week.

B. The coach will be placed on probation for the remainder of the season unless other action is deemed appropriate by the League Board or its Representative.

XI. Neither profane language nor poor sportsmanship will be tolerated and violators will be ejected/removed/suspended from the game or practice.

XII. There is a maximum of nine sideline Coaches and/or Jr Instructors with badges for each level.

XIII. Coaches are required to understand, accept, abide by, and implement the rules and regulations of the TVYFL.

XIV. Shall complete a written record of ALL injured players at practices or games with, at minimum, name, date/time, location and description of the injury. All descriptions should include what the participant was doing when injured and the action taken by the coach or other people for the injured person

### **Cheer Coaches**

I. Coaches must document the progression of YCADA skills by level using the standardized form provided by TVYFL and keep the Cheer Rep informed regularly of skill level mastery. All documentation must be included in his/her Cheer Binder and available upon request.

### **Dress Code**

A. Coaches should set the example in attire and dress at all times. Athletic footwear must be worn to practices and on game day. No Converse, Vans, Keds, flip-flops, etc. are permitted.

B. Need to be dressed in clothing that appropriately represents the organization they are representing. Team attire is required for all games with khaki pants or shorts.

**Be Who They Need And Set The Example**

A. Instruct players in the rules and coach his/her team in such a way as to motivate each player to compete according to the rules at all times.

B. Place the emotional and physical well being of the players ahead of any personal desire to win.

C. Respect the game officials and refrain from questioning their decisions in a disrespectful or abusive manner.

D. Ensure that all building rules and regulations are followed by the players and spectators.

F. Ensure that fans of his/her team conduct themselves with sportsmanship and maturity at all times while in attendance at game sites, and assist the game officials in maintaining control of spectators during the games.

G. Respect the coaches and players of the opposing team both during the play of the game and at its conclusion, win or lose.

H. Respect all Gustine Redskins Youth Football & Cheer representatives.

I. Teach each player, especially through personal example, to be humble and generous in victory and proud and courteous in defeat.

J. Maintain control of his/her emotions and avoid actions, language, and/or gestures that may be interpreted as hostile and humiliating.

K. Instruct team support personnel in their responsibilities in accordance with established rules and procedures.

L. Realize, accept, and practice the principle that a team's reputation is built not only on its playing ability, but also on its sportsmanship, courtesy, and manner.

**I have fully read and understand the Gustine Youth Football & Cheer League Coaching and Playing rules and will abide by them.**

Print Name \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_\_

## **Jr. Instructors**

### **Eligibility and Requirements**

- A. Must be at least two years older than the oldest player or cheerleader on their assigned squad. Should be the highest age possible.
- B. Must be at least 14 and in high school.
- C. Must not meet the age eligibility requirements to coach. Anyone 18 or older must apply as a coach.
- D. Must complete the same TVYFL registration documents required for player or cheerleader, including physicals.
- E. Must be cleared through local organization prior to submission for approval with TVYFL.
- F. Must not participate in drug, alcohol or tobacco use or distribution.
- G. Must attend and sign into any and all local and/or league mandatory orientations in which Jr. Instructors will be educated in the requirements of the league.
- H. Parent, Jr Instructor, Head Coach and Cheer Rep and/or League Rep must sign acknowledging that they will abide by all the rules placed in effect by TVYFL.
- I. Only two Jr. Instructors will be allowed per team level.
- J. Student must show proof of a minimum of a 2.0 GPA for the final semester of the school year.

### **Disciplinary Action**

- A. It is the responsibility of Coaches, Cheer Rep, League Rep and Board members to ensure that Jr. Instructors are following the league standards at all times. In the event that rules are being broken, immediate concerns must be expressed directly to the local team's League Rep and Cheer Rep so that the problem can be quickly and properly remedied.
- B. It is the responsibility of the Head Coach to supervise the Jr. Instructor.
  - a. In such an instance that does not happen and an infraction occurs, the consequence may be placed upon the coach supervising the Jr. Instructor at the time.
  - b. Subsequently, the Head Coach must be ultimately responsible.

C. The initial infraction by a Jr. Instructor results in a first offense for the Jr. Instructor and possibly the supervising coach if she/he did not take immediate action to rectify the problem.

a. The second infraction by the same Jr. Instructor results in the immediate removal from the local organization and may result in the second offense for that same supervising coach. Infractions must immediately be reported to the League Rep and Cheer Rep.

b. Subsequent infractions by any other Jr. Instructor under the supervision of the same coach will result in the third offense for that coach.

c. Again, immediate reporting is mandatory.

D. Consequences:

a. First offense - (1) One-week suspension

b. Second offense - (2) Two-week suspension

c. Third offense - (3) Suspension of the remainder of the season.

### **Rules and Responsibilities**

A. To assist football coaches with the development of play, drills, proper technique.

B. To demonstrate and teach plays and formation to players.

C. To assist football players and staff achieve the overall goals of the organization

D. Use this experience to gain community service hours.

E. To inform coaches of any unsafe actions displayed by football players.

F. Will be allowed to show football plays and techniques at practices or game warm-up but not on the field. Will NOT be allowed to participate in any contact drills, Jr Instructor may assist with drills by holding blocking shields, tackling dummies, or other pads appropriate for the drill.

G. Will not discipline nor correct unacceptable behavior but defer to the supervising coach.

H. Will not touch any players.

I. Shall be supervised by a coach at all times and must never be left alone with players or cheerleaders at any time.

J. Will not contradict, interrupt, or challenge a coach or other authority figure in leadership of the organization or league.

K. Will not have contact with a football player or cheerleader outside of practice with the purpose to meet for training, practice, or to do work on cheer projects, unless at a locally approved team function with the coach's supervision.

**Cheer**

- A. To assist cheer coaches with the development of cheers, chants, and routines.
- B. To demonstrate and teach cheers, chants, and routines to cheerleaders.
- C. To assist with the development of plans for cheer/football related activities (ex: homecoming and inhouse clinics) if called upon to do so.
- D. To assist cheerleaders and staff achieve the overall goals of the organization.
- E. To inform coaches of any unsafe actions displayed by cheerleaders.
- F. Use this experience to gain community service hours.
- G. Are allowed to show Cheer and Dance ONLY.
- H. May give verbal technique and creativity instructions to cheerleaders and show visual (non mounting/non-contact) technique demonstrations.
- I. Will not touch or participate in any stunt with the exception of acting as a spotter to help protect an athlete's head, neck and shoulders in case of a fall.

**Dress Code**

- A. Must wear conservative attire, which includes at a minimum shorts no shorter than 5" and tank tops no lower than 2" below the neckline. No see-through, halter, crop-tops or shredded shirts allowed.
- B. Athletic footwear must be worn to practices and on game day. No Converse, Vans, Keds, flip-flops, etc. are permitted.
- C. All Jr Instructors are required to wear league issued attire (shirt and jacket) with khaki shorts or pants.

Acknowledgements:

Parent Signature: \_\_\_\_\_ Jr. Coach Signature \_\_\_\_\_

Head Coach Signature \_\_\_\_\_ Rep Signature \_\_\_\_\_