

ARTICLE VIII: Jr Instructors

SECTION I: Role of a Jr. Instructor

A. Cheer

- a. Members teams may have up to 4 Jr Instructors per team level.
 - i. There must also be 1 active coach for each Jr Instructor per team level. (I.e.: If you have 3 Jr Instructor, you must have 3 coaches on that level)
 - ii. The coach must be a primary coach on that level and participate in practice each week.
- b. To assist cheer coaches with the development of cheers, chants, and routines.
- c. To demonstrate and teach cheers, chants, and routines to cheerleaders.
- d. To assist with the development of plans for cheer/football related activities (ex: homecoming and in-house clinics) if called upon to do so.
- e. To assist cheerleaders and staff achieve the overall goals of the organization.
- f. To inform coaches of any unsafe actions displayed by cheerleaders.
- g. Use this experience to gain community service hours.
- h. Are allowed to show Cheer and Dance ONLY.
- i. May give verbal technique and creativity instructions to cheerleaders and show visual (non-mounting/non-contact) technique demonstrations.
- j. Will not touch or participate in any stunt with the exception of acting as a spotter to help protect an athletes head, neck and shoulders in case of a fall.

B. Football

- a. Members teams may have up to 4 Jr Instructors per team level.
 - i. There must also be 1 active coach for each Jr Instructor per team level. (I.e.: If you have 3 Jr Instructor, you must have 3 coaches on that level)
 - ii. The coach must be a primary coach on that level and participate in practice each week.
- b. To assist football coaches with the development of play, drills, proper technique.
- c. To demonstrate and teach plays and formation to players.
- d. To assist football players and staff achieve the overall goals of the organization
- e. Use this experience to gain community service hours.
- f. To inform coaches of any unsafe actions displayed by football players.
- g. Will be allowed to show football plays and techniques at practices or game warm-up but not on the field
- h. Will **NOT** be allowed to participate in any contact drills, Jr Instructor may assist with drills by holding blocking shields, tackling dummies, or other pads appropriate for the drill.

SECTION II: Restrictions

- A. Will not discipline nor correct unacceptable behavior but defer to the supervising coach.
- B. Will not touch any players.
- C. Shall be supervised by a coach at all times and must never be left alone with players or cheerleaders at any time.
- D. Will not contradict, interrupt, or challenge a coach or other authority figure in leadership of the organization or league.
- E. Will not have contact with a football player or cheerleader outside of practice with the purpose to meet for training, practice, or to do work on cheer projects, unless at a locally approved team function with the coach's supervision.

SECTION IV: Eligibility and Requirements

- A. Must be at least two years older than the oldest player or cheerleader on their assigned squad. Should be highest age possible.
- B. Must be at least 14, in high school or just graduated.
- C. Must not meet the age eligibility requirements to coach. Anyone 18 or older must apply as a coach.
- D. All Jr Instructors must have the following on file with their member team prior to participation in practice.
 - a. Registered online using SportsPlus
 - b. Current Physical on the TVYFL Medical Form
 - c. Report card, most current copy.
 - d. Birth Certificate for proof of age (i.e., Certified Birth Record or Passport)
- E. Must be cleared through local organization prior to submission for approval with TVYFL.
- F. Must not participate in drug, alcohol or tobacco use or distribution.
- G. Must attend and sign into any and all local and/or league mandatory orientations/coaches clinic/JAMZ Camp in which Jr. Instructors will be educated in the requirements of the league.

- H. Parent, Jr Instructor, Head Coach and Cheer Rep and/or League Rep must sign acknowledging that they will abide by all the rules placed in effect by TVYFL.

SECTION V: Disciplinary Action

- A. It is the responsibility of Coaches, Cheer Rep, League Rep and Board members to ensure that Jr. Instructors are following the league standards at all times. In the event that rules are being broken, immediate concerns must be expressed directly to the local team's League Rep and Cheer Rep so that the problem can be quickly and properly remedied.
- B. It is the responsibility of the Head Coach to supervise the Jr. Instructor.
 - a. In such instances that does not happen and an infraction occurs, the consequence may be placed upon the coach supervising the Jr. Instructor at the time.
 - b. Subsequently, the Head Coach must be ultimately responsible.
- C. The initial infraction by a Jr. Instructor results in a first offense for the Jr. Instructor and possibly the supervising coach if she/he did not take immediate action to rectify the problem.
 - a. The second infraction by the same Jr. Instructor results in the immediate removal from the local organization and may result in the second offense for that same supervising coach. Infractions must immediately be reported to the League Rep and Cheer Rep.
 - b. Subsequent infractions by any other Jr. Instructor under the supervision of same coach will result in the third offense for that coach.
 - c. Again, immediate reporting is mandatory.
- D. Consequences:
 - a. First offense - (1) One-week suspension
 - b. Second offense - (2) Two-week suspension
 - c. Third offense - (3) Suspension of the remainder of the season.

Acknowledgments:

Parent Signature: _____

Jr Instructor Signature: _____

Head Coach Signature: _____

Cheer/League Rep Signature: _____