

# Trans Valley Youth Football League

## Jr Instructors

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**From the TVYFL rulebook, refer to the currently released version for any updates.**

### ARTICLE III: Clinics, Practice and Games

#### SECTION I: Pre-Season / Clinics / Camps

- A. Pre-Season conditioning.
  - a. Coaches/Jr Instructors
    - i. Jr Instructors
      - 1. Must have been approved as a Jr Inst. through TVYFL the prior season.
      - 2. Must be registered as a Jr Inst for the current season.
      - 3. Must not be 18 prior at any point during pre-season conditioning.

### ARTICLE VI: Violations/Consequences/Review/Fines

#### SECTION IV: Jr Instructor

- A. Consequences:
  - a. First offense - (1) One game suspension
  - b. Second offense - (2) Two game suspension
  - c. Third offense - (3) Suspension of the remainder of the season.
- B. Ejection of a Jr. Instructor
  - a. Refer and follow the Ejection rules of a coach.
    - i. Jr. Inst will be suspended for 4 games immediately following the date of incident.

### ARTICLE X: Jr Instructors

#### SECTION I: Role of a Jr. Instructor

- A. Cheer
  - a. Members teams may have up to 4 Jr Instructors per team level.
    - i. There must also be 1 active coach for each Jr Instructor per team level. (I.e.: If you have 3 Jr Instructor, you must have 3 coaches on that level)
    - ii. The coach must be a primary coach on that level and participate in practice each week.
  - b. To assist cheer coaches with the development of cheers, chants, and routines.
  - c. To demonstrate and teach cheers, chants, and routines to cheerleaders.
  - d. To assist with the development of plans for cheer/football related activities (ex: homecoming and in-house clinics) if called upon to do so.
  - e. To assist cheerleaders and staff achieve the overall goals of the organization.
  - f. To inform coaches of any unsafe actions displayed by cheerleaders.
  - g. Use this experience to gain community service hours.
  - h. Are allowed to show Cheer and Dance ONLY.
  - i. May give verbal technique and creativity instructions to cheerleaders and show visual (non-mounting/non-contact) technique demonstrations.
  - j. Will not touch or participate in any stunt with the exception of acting as a spotter to help protect an athlete's head, neck and shoulders in case of a fall.
- B. Football
  - a. Members teams may have up to 4 Jr Instructors per team level.
    - i. There must also be 1 active coach for each Jr Instructor per team level. (I.e.: If you have 3 Jr Instructor, you must have 3 coaches on that level)

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- ii. The coach must be a primary coach on that level and participate in practice each week.
- b. To assist football coaches with the development of play, drills, proper technique.
- c. To demonstrate and teach plays and formation to players.
- d. To assist football players and staff achieve the overall goals of the organization
- e. Use this experience to gain community service hours.
- f. To inform coaches of any unsafe actions displayed by football players.
- g. Will be allowed to show football plays and techniques at practices or game warm-up but not on the field
- h. Will **NOT** be allowed to participate in any contact drills, Jr Instructor may assist with drills by holding blocking shields, tackling dummies, or other pads appropriate for the drill.

### SECTION II: Restrictions

- A. Will not discipline nor correct unacceptable behavior but defer to the supervising coach.
- B. Will not touch any players.
- C. Shall be supervised by a coach at all times and must never be left alone with players or cheerleaders at any time.
- D. Will not contradict, interrupt, or challenge a coach or other authority figure in leadership of the organization or league.
- E. Will not have contact with a football player or cheerleader outside of practice with the purpose to meet for training, practice, or to do work on cheer projects, unless at a locally approved team function with the coach's supervision.

### SECTION IV: Eligibility and Requirements

- A. Must be at least two years older than the oldest player or cheerleader on their assigned squad. Should be the highest age possible.
- B. Must be at least 14, in high school or just graduated.
- C. Must not meet the age eligibility requirements to coach. Anyone 18 or older must apply as a coach.
- D. All Jr Instructors must have the following on file with their member team prior to participation in practice.
  - a. Registered online using SportsPlus
  - b. Current Physical on the TVYFL Medical Form
  - c. Report card, most current copy.
  - d. Birth Certificate for proof of age (i.e., Certified Birth Record or Passport)
- E. Must be cleared through local organization prior to submission for approval with TVYFL.
- F. Must not participate in drug, alcohol or tobacco use or distribution.
- G. Must attend and sign into any and all local and/or league mandatory orientations/coaches clinic/JAMZ Camp in which Jr. Instructors will be educated in the requirements of the league.
  - a. Exceptions may be requested only if the Jr Instructor's High School cheer camp is on the same day as the TVYFL JAMZ camp and attendance at both is impossible.
- H. Parent, Jr Instructor, Head Coach and Cheer Rep and/or League Rep must sign acknowledging that they will abide by all the rules placed in effect by TVYFL.

### SECTION V: Disciplinary Action

- A. It is the responsibility of Coaches, Cheer Rep, League Rep and Board members to ensure that Jr. Instructors are following the league standards at all times. In the event that rules are being broken, immediate concerns must be expressed directly to the local team's League Rep and Cheer Rep so that the problem can be quickly and properly remedied.
- B. It is the responsibility of the Head Coach to supervise the Jr. Instructor.
  - a. In such instances that does not happen and an infraction occurs, the consequence may be placed upon the coach supervising the Jr. Instructor at the time.
  - b. Subsequently, the Head Coach must be ultimately responsible.
- C. The initial infraction by a Jr. Instructor results in a first offense for the Jr. Instructor and possibly the supervising coach if she/he did not take immediate action to rectify the problem.
  - a. The second infraction by the same Jr. Instructor results in the immediate removal from the local organization and may result in the second offense for that same supervising coach. Infractions must immediately be reported to the League Rep and Cheer Rep.

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- b. Subsequent infractions by any other Jr. Instructor under the supervision of the same coach will result in the third offense for that coach.
- c. Again, immediate reporting is mandatory.

## ARTICLE XI: Cheer Rules and Guidelines

### SECTION IV: Stunting

- A. Stunting
  - a. TVYFL stunt camp is mandatory for all Cheer Representatives, Coaches, Jr Instructors and Cheerleaders.