

Learn to Swim Information Sheet

Our Learn to Swim program is designed to help very new swimmers become comfortable in the water. We offer two levels of Learn to Swim, Beginner and Intermediate. Choosing the right level for your child has more to do with their comfort in the water than their age.

- (1) Classes run on either M/W or T/TH for 6 weeks.
- (2) Our instructor will be in the water with your child.
- (3) A flotation device will be provided by the club.
- (4) Parents are required to watch each class from the atrium but cannot be on the deck during the actual lesson. Assisting your child before and after each lesson is required.

Beginner Level: This class is designed for children who are willing to enter the water but need the assistance of a flotation device. Children must be at least 4 years of age and potty-trained. The key is that they are willing to enter the water without a parent forcing them to participate.

Intermediate Level: This class is designed for children with a little more experience in the water. Children in this class typically do not wear a flotation device but are allowed to use one if necessary.