



# 2026 EAST Winter Sprinter

1/3/26

Sanction # NI-2526-066

Hosted by:



<b>MEET DIRECTOR</b> Chris Musshafen, <a href="mailto:coach.moose15@gmail.com">coach.moose15@gmail.com</a> 585-746-6562		<b>MEET REFEREE</b> Leo Gibbons Jr. <a href="mailto:lcgjr1953@gmail.com">lcgjr1953@gmail.com</a>		<b>CLUB OFFICIALS CHAIR</b> Chris Musshafen, <a href="mailto:coach.moose15@gmail.com">coach.moose15@gmail.com</a> 585-746-6562	
<b>SANCTION</b>		<ul style="list-style-type: none"><li>Held under the sanction of USA Swimming through Niagara Swimming: <b>NI-2526-066</b></li><li>In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, East Aurora Swim Team, the Town of Aurora Department of Parks and Recreation, and East Aurora Schools shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>			
<b>FACILITY</b>		<p style="text-align: center;"><b>East Aurora High School</b> 1003 Center St. East Aurora, NY. 14052</p> <ul style="list-style-type: none"><li>6 lanes, 25 yards</li><li>Water depth range of 12’ – 11’ at the starting end and 4’ – 4.5’ at the turning end.</li><li>The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</li></ul>			
<b>ENTRY DEADLINE</b>		<p style="text-align: center;"><b>12/23/24 9:00pm</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>			
<b>SCHEDULE</b>		<p style="text-align: center;"><b>Saturday, January 3<sup>rd</sup>, 2025</b></p> <p style="text-align: center;">1 session, 8:00am to 8:50am warm-up, Meet Start- 9:00am</p> <ul style="list-style-type: none"><li>Meet Director reserves the right to adjust times/sessions after entries are received.</li></ul>			
<b>ELIGIBILITY</b>		<ul style="list-style-type: none"><li>Open to all registered USA Swimmers.</li><li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</li></ul>			
<b>DISABILITY SWIMMERS</b>		<ul style="list-style-type: none"><li>NI and host clubs along with their meet directors are committed to <a href="#">the Inclusion Policy</a> as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.</li></ul>			
<b>TIMING SYSTEM</b>		<ul style="list-style-type: none"><li>Daktronics Electronic Timing System and Backup Timers will be used timing will be used.</li></ul>			
<b>RULES</b>		<ul style="list-style-type: none"><li>Current USA Swimming rules shall govern this meet.</li><li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li></ul>			

	<ul style="list-style-type: none"> <li>• No on-deck USA-S registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts will be used.</li> <li>• The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• All events are timed finals.</li> <li>• Swimmers will be limited to (5) individual events</li> <li>• Age on the first day of the meet determines eligibility</li> </ul>
<b>POSITIVE CHECK IN</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>• The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> <li>• Marshals will actively supervise the warm-ups to ensure that proper procedures are followed.</li> <li>• General Warm-up Period: first 25 minutes</li> <li>• There shall be NO DIVING during this time</li> <li>• No sprint work out pace work</li> <li>• Specific Warm-up Period: Last 15 minutes</li> <li>• Specific Warm-up period will be announced by the Referee or Meet Director</li> <li>• Lanes 2-5 can be used as start lanes. Swim one length only. All Swimmers</li> <li>• The meet director reserves the right to assign warm-up lanes to teams and allow them to operate said lane.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>• Marshals have the authority through the meet director over the warm-up. A swimmer and/or coach may be removed from the deck for interfering with the marshals</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>• All entries will be pre-seeded slowest to fastest</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>• Hy-Tek Age group points will be used for 8 &amp; U, 9-10, 11-12, 13-14, 15-16, 17-18*</li> <li>• *No points are awarded for 25 yard events for 17-18 age group</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>• Individual Events: Ribbons 1-12 for age groups 8 &amp; U, 9-10, 11-12</li> <li>• Athletes who earn the high point award for age groups 8 &amp; U, 9-10, 11-12, 13-14, 15-16, 17-18 will receive a crown for being the "Winter Sprinter"</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>• Programs will be sent via email and available on Meet Mobile</li> </ul>

<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
<b>SPECTATOR ENTRY FEE</b>	<ul style="list-style-type: none"> <li>None</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Officials interested in volunteering should contact Chris Musshafen at coach.moose15@gmail.com</li> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>EAST will provide Timers</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director.</li> <li>Include in the subject of the email, "EAST Winter Sprinter - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p style="text-align: center;">Per Swimmer Surcharge: \$10.00                      Relay event fee: N/A</p> <p style="text-align: center;">Individual event fee: \$5.00</p> <ul style="list-style-type: none"> <li><b>Make checks payable to East Aurora Swim Team.</b> Checks may be mailed to: 575 Oakwood Ave, East Aurora, NY. 14052</li> <li>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.</li> </ul>
<b>Available Medical Supervision/Equipment</b>	EAST will provide a lifeguard for the duration of the meet. First aid supplies and AED are available.

# EAST Winter Sprinter

1/4/25

1 Session, 9:00am

Event Number	Who	Event
1	Girls Open	100 IM
2	Boys Open	100 IM
3	Girls Open	25 Fly
4	Boys Open	25 Fly
5	Girls Open	50 Fly
6	Boys Open	50 Fly
7	Girls Open	100 Fly
8	Boys Open	100 Fly
9	Girls Open	25 Free
10	Boys Open	25 Free
11	Girls Open	50 Free
12	Boys Open	50 Free
13	Girls Open	100 Free
14	Boys Open	100 Free
15	Girls Open	25 Breast
16	Boys Open	25 Breast
17	Girls Open	50 Breast
18	Boys Open	50 Breast
19	Girls Open	100 Breast
20	Boys Open	100 Breast
21	Girls Open	25 Back
22	Boys Open	25 Back
23	Girls Open	50 Back
24	Boys Open	50 Back
25	Girls Open	100 Back
26	Boys Open	100 Back