



PARENT / PLAYER HANDBOOK

2023 TRAVEL BASKETBALL TEAM

Director:
Email:

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Mission of North Florida Suns ("NFS"), a 501(c)(3) organization, is to promote, teach, and develop youth basketball players in Northeast Florida. We emphasize individual skill development, team concepts, and "situational" basketball drills so that your player may excel. The goal of NFS is to provide a positive and educational environment with the goal of helping each player to become skilled in the fundamentals, be a part of a competitive team, and have fun playing the game of basketball.

Suns Travel Basketball Team Mission:

- To train and build strong basketball fundamental skills.
- To work as a team and respect the game and its participants.
- To practice and compete hard and encourage others to do the same.
- To display good sportsmanship and character.
- To enjoy the game.

Team Principles: Effort. Energy. Positive Attitudes. Class. Teamwork. Knowledge.

Players' Role:

- Be coachable
- Be a good teammate
- Represent your team in a positive manner
- Maintain good attendance and grades in school
- Be prepared for games (team uniform, sneakers, water)
- Abide by the Team Principles and commitment to the team.

Parents' Role:

- Support your player and the team, on and off the court, in a positive manner.
- Support good training, i.e. sleep, diet, punctuality
- Let the coaching staff do their job and respect their decisions when it comes to the team and its participants.
- Communicate promptly with the coaches (especially about injury or illness, or conflicts on calendar with schedule practices and/or games).

Practices

Each team will practice at least twice a week for 1.25 hours each session. Practices will be held at First Baptist Church of Orange Park and other approved locations. There may be some practices scheduled on Fridays or Saturdays, with prior notice to team members.

Practice Locations: First Baptist Church Orange Park

Practice Days: Tuesdays & Thursdays

Practice Times: TBA

Tournaments

Tentative tournament schedule is below. Any changes will be communicated to parents as soon as possible. We must have at least 7 players who can attend in order to register for a tournament. Game time(s) and tournament facility location(s) for the basketball game(s) are not disclosed to us until two days before the tournament weekend begins.

2023 Spring Tournament Schedule

NFS Boys Team Schedule

TNBA South Shamrock Shootout
March 11-12, 2023
Tavares, Florida (*The Big House*)

Big Shots: Charleston Tip-Off (8th – 11th grades)
March 25-26, 2023
Charleston, SC

YBOA Magic Classic
April 1-2, 2023
Orlando, Florida

Jax Magic: 94 Feet of Heat
April 7-9, 2023
Gainesville, FL

Big Shots: Myrtle Beach Live ****NCAA Certified****
April 28-30, 2023 (8th – 11th grades)
Myrtle Beach, SC

YBOA Team Appreciation
May 6-7, 2023
Winter Haven, FL

IE Exposure Classic
May 13-15, 2023
Daytona Beach, FL

Island Classic (8th – 11th grades)
June 14-18, 2023
Nassau, Bahamas

NFS Girls Team Schedule

TNBA South Shamrock Shootout
March 11-12, 2023
Tavares, FL (*The Big House*)

YBOA Magic Classic
April 1-2, 2023
Orlando, FL

Prep Hoops Girls: Southeast Slam
April 14-16
Bradenton, FL

Big Shots: Myrtle Beach Live ****NCAA Certified****
April 28-30, 2023
Myrtle Beach, SC

YBOA Girls State Championships
May 6-7, 2023
Winter Haven, FL

IE Exposure Classic
May 13-15, 2023
Daytona Beach, FL

Island Classic
June 14-18, 2023
Nassau, Bahamas

2023 SEASON FEES (FEBRUARY THROUGH JUNE 2023)

\$900 – 8th – 11th grades

\$800 – Girls all grades

\$700 – 5th – 7th grades

Players cannot begin practicing with their teams prior to making payment or payment arrangements.

Season fees include: Registration fees, tournament fees, and uniform and bags.

*Uniforms (reversible top & shorts) are ordered once the team rosters are set. The uniform fee is the full cost of the uniform and becomes the property and responsibility of the player. If a uniform is lost or stolen, a new uniform must be purchased at the player's expense.

*Tournament fees will cover scheduled tournaments listed on previous page. This fee **does not** include tournament fees for any additional state or national events a team may qualify for, and the team chooses to attend. Travel costs to local and regional tournaments **are not** included. Our travel schedule includes tournaments throughout Florida, neighboring states, and one international travel.

Refund Policy

ALL FEES ARE NON-REFUNDABLE.

Travel Costs

Players who travel without a parent will be required to pay for their portion of the hotel and/or transportation cost. In addition, funds must be provided for meals. All travel cost fees must be paid in full prior to traveling for those players traveling with a coach. Hotel costs are players/parent's responsibility.

Playing Time

Unlike community recreation leagues, players will not always play equal time in every game. However, coaches will make EVERY effort to ensure every player plays substantial minutes during a tournament. Scrimmages and smaller local tournaments will be used to give players plenty of opportunity to earn playing time for the bigger tournaments. There are anywhere from 3-5 games per tournament depending on performance and playing time can change game to game. Playing time is earned by attendance AND performance at practices as well as in the game. It's up to each coach how much playing time each player receives. Circumstances such as foul trouble, match-ups, in-game situations and end-game scenarios may dictate different amounts of playing time. Coaches will make "crunch time" playing decisions based upon who will give the team the best chance to win. Through all of that, I can assure you, **EVERYONE WILL PLAY.**

Player Code of Conduct

As a member of NFS you are always expected to conduct yourselves in the highest manner. You must be accountable for your actions. Therefore, you are expected to abide by the following guidelines:

- Display good sportsmanship, teammate encourage, commitment to the team, and a positive attitude to work hard at practice and game times.
- Display honesty and integrity at all times. No use of foul, abusive or profane language.
- Be attentive and follow the direction of the coaching staff.
- Respect all coaches, players, league officials, referees and spectators.
- Be on time and ready to play for all games and practices.
- Be respectful and on your best behavior at all times during tournament travel (hotel, restaurants, entertainment activities, etc.), practices, team meetings and events.
- Do not taunt or humiliate any other player. Players should use words that build teamwork, trust and self-esteem to encourage one another.
- Do not question an official's call. Coaches will communicate with the officials.
- Do not abuse, mistreat or mishandle any gym equipment, facility(ies) or property (uniforms, kicking on balls, sitting on equipment, hanging on rims, etc.).
- Pick up any trash, bottles, containers, bags, personal items, etc. that you brought into the gym facility(ies) and take it with you or discard it in the appropriate containers before you leave the premises.
- Strive for academic excellence. Players are expected to maintain a 2.25 GPA. Weekly progress reports, interim reports or report cards may be requested at any given time for verification.
- I also agree that if I fail to abide by the above code of conduct, I will be subject to disciplinary action that could include but is not limited to the following (with no partial nor full refunds of any fees):
 - Verbal/written warning by official, head coach and/or director(s) of league/organization.
 - Limited playing time. Player game/tournament suspension
 - Player season suspension with no refund of refundable money.

Zero Tolerance Policy

If a player is found to be using, or in possession of drugs, alcohol or tobacco products at any basketball game, practice or event, he will be removed from the program immediately. **There will be no refund of any funds already paid.**

Parents, legal guardians, other family members, or fans using drugs or alcohol at any practice, game or event will be asked to leave immediately. The authorities may be called to handle any situation that warrants it.

Abusive language or violence can result in probation or suspension from events as the coach and/or head of league organization sees fit. Should the behavior continue after probations and/or suspensions have been issued, the player will be dismissed from the program entirely. **There will be no refund of any funds already paid.**

Parent Code of Conduct

In order to uphold the goals of NFS and ensure that all participants have the benefit of a safe and fun learning environment, all parents, guardians and other adults associated with NFS players must behave accordingly in a respectful, courteous and sportsmanlike manner at all times.

Any adult who is using alcohol, tobacco or non-prescription drugs and/or appears intoxicated at an event, practice or game, and/or who is flagrantly rude, attempts to intimidate, verbally abuse, heckles, taunts, ridicules, throws objects and/or used vulgarity or profane language/gestures with or to an official, referee, coach, volunteer, staff member, participant or other event attendee, will receive a verbal and/or written warning and/or be asked to leave a the event. The adult's children may also be removed from the event. Any adult, who commits one of the above stated offenses a second time, may be banned from any and all NFS events for a period of one year from the date of the second offense, and their children may also be removed from the program for that same period of time. There will be no refund of any funds already paid.

Any adult who physically assaults an official, coach, volunteer, staff member or participant or threatens grave bodily harm may be banned from any and all NFS events for one year from the date of the offense, and their children will be removed from the program for that same period of time. After the ban has expired, if the individual commits another offense of the adult code of conduct, the individual will be permanently banned from any and all NFS events and the individual's children will be permanently removed from the NFS program. There will be no refund of any funds already paid.

Medical/Waiver Release

I/We hereby acknowledge that my child is in good health and give my approval for my child to participate in any and all NFS activities.

I/We acknowledge that I/we are fully aware of the potential dangers of participating in any sport and I/we fully understand that participation in basketball may result in serious injuries, paralysis, permanent disability and/or death. Therefore, I do waive, release, absolve, indemnify and agree to hold harmless the North Florida Suns organization and any and all coaches, tournament organizers, sponsors, volunteers, participants and persons transporting my/our son to and from activities, from any claim arising out of any injury to my/our son whether the result of negligence or for any other cause.

In case of medical emergency, I/we understand every effort will be made to contact me/us or the designated emergency contact. In the event one of us cannot be reached, I/we hereby grant permission for any and all emergency medical/dental treatment and/or first aid to be administered to my/our child, including authorizing any medical treatment facility/hospital to administer emergency treatment, for any illness/injury/accident resulting from participation in any and all activities.

I/We are aware that NFS carries group accident insurance which is considered secondary or excess for medical purposes to any and all valid insurance I/we possess is considered primary insurance. Furthermore, I agree to notify in writing to my head coach and head of league organization of any medical claim as a result of participating in activities within 48 hours after incurring said injury.

STUDENT-ATHLETE PHOTO, VIDEO & INTERNET RELEASE FORM

I/We give NFS permission to take and/or post information, videos and pictures of my/our son on the NFS website.

PARENT / PLAYER 2020 HANDBOOK ACKNOWLEDGEMENT

I have received the NFS Parent/Player Handbook for the 2023 Travel Basketball Team.

I/We hereby understand and acknowledge that as a parent/guardian of a player it is my/our responsibility to comply with all rules and regulations stipulated in the handbook.

- I/We understand that anyone who attends the event with me/us must also abide by the NSF Code of Conduct as well.
- I/We have read and understood all items defined in the Player Code of Conduct, Zero Tolerance Policy, and Parent Code of Conduct as defined by and hereby agree to the terms.

PHYSICAL WELLNESS

In case of an emergency while participating in this program, permission is given for any medical staff to perform needed treatment. The parent/guardian will assume all financial obligations incurred if not covered by insurance. I understand that there is a risk of injury in participating with a travel basketball team and I take full responsibility.

I have read and concur with all items as stated or defined in the handbook. I acknowledge receipt of, and acceptance of all items stated in the handbook by completion of registration.