



NONA VOLLEYBALL ACADEMY

OFFICIAL HANDBOOK

2026-2027

ALL TEAM. ALL THE TIME

WELCOME TO YOUR ACADEMY

We would like to express our heartfelt gratitude to each of you for choosing Nona Volleyball Academy — which is now your academy as well.

We are a united team—comprised of staff, coaches, and families—dedicated to your child’s future. Our focus is entirely on player development, providing a high-quality program designed to help every athlete reach their fullest potential.

We believe in the power of family—and now, you are part of ours.

Nona Volleyball Academy is committed to serving the community and working for the benefit of our athletes. Every member of this program is expected to prioritize the success of the team over individual interests.

Let’s strive together to create the best season possible.



MISSION & PURPOSE

At Nona Volleyball Academy, our mission is to provide the highest level of training and resources to help athletes of all ages and skill levels reach their full potential as student-athletes.

We are committed to developing not only skilled players, but disciplined, confident, and strong individuals prepared for success both on and off the court.



DEVELOPMENT



DISCIPLINE



TEAMWORK



LEADERSHIP



COMMITMENT



01 - CHARACTER



We build responsibility, discipline, leadership, and respect in every athlete.

02 - TRAINING



We build responsibility, discipline, leadership, and respect in every athlete.



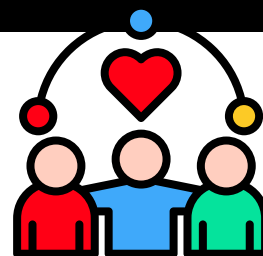
03 - SYSTEM

All teams train using the same techniques and volleyball language for consistent growth.



04 - COMMUNITY

We encourage athletes to give back, grow as leaders, and impact their community.



COMMITMENT TO THE NVA PROGRAM



COMMIT FULLY

Athletes are expected to commit to the full season, including practices, tournaments, and team activities. Attendance is mandatory, and time management between academics and volleyball is required.



ALL TEAM, ALL THE TIME

Success comes from teamwork. Athletes must prioritize the team over individual goals, support their teammates, and represent NVA with pride at all times.



PARENTAL SUPPORT

Parents are expected to create a positive environment, support coaches, respect decisions, and contribute to the team's success throughout the season.

WHAT YOUR DUES INCLUDE

- Professional coaching and training
- Tournament entry fees
- Facility rentals
- Equipment and program resources
- Coaches travel and lodging



Uniforms are NOT included and must be purchased separately.

FINANCIAL POLICIES



- Deposit is NON-REFUNDABLE under any circumstances
- Payments must follow the selected plan
- Payments are due on the 1st of each month
- Late payments (5+ days) may incur additional fees
- Failure to pay may result in removal from the team



NO REFUNDS will be issued after March 1st



Refund exceptions may include:

- Season-ending injury (with medical documentation)
- Relocation (with proof)

All families must have a credit card on file for recurring payments unless paid in full.

TEAM LEVELS & STRUCTURE



PREMIER

Highest level of competition within NVA.

Athletes are fully committed to volleyball as a priority and compete at National Qualifiers against top teams in the country.



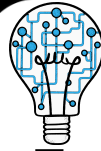
ELITE

High-level competitive program for athletes with strong potential and commitment to advanced training and national competition.



JUNIOR ELITE

Competitive development program for athletes progressing toward higher levels, with exposure to travel and advanced play.



FUTURE ELITE

Fundamental development program focused on skill building, game understanding, and preparing athletes for higher levels.

TRAVEL IS A PRIVILEGE

REPRESENT NVA



MANDATORY TRAVEL ATTIRE POLICY

All athletes are required to travel in official Nona Volleyball Academy gear for all team travel events. This is **not** optional.



Athletes must represent the academy with professionalism, unity, and pride at all times.

Failure to arrive in full NVA travel gear will result in the athlete not being allowed to play.



GENERAL TRAVEL EXPECTATIONS

- Athletes are under the direction of the coach during all travel events
- Attendance at team activities, meetings, and meals is required
- Curfew must be followed at all times
- Stay-and-Play hotel policies must be followed
- Athletes must remain with the team unless approved by the coach



Failure to follow travel policies may result in:

- Loss of playing time
- Disciplinary action
- Removal from participation



PLAYING TIME IS NOT GUARANTEED

PLAYING TIME POLICY

Playing time at Nona Volleyball Academy is not guaranteed. Our program is designed to provide athletes with development through training, competition, and experience. While coaches will always aim to support athlete growth, decisions during tournaments are made based on what is best for the team. At competitive events, including National and Regional Qualifiers, lineups are determined by performance, effort, attendance, and team strategy.

Team success will always take priority over individual playing

PLAYER RESPONSIBILITY

Athletes are encouraged to take ownership of their development.

Players should communicate directly with their coaches to understand:

- How to improve
- What is expected
- How to earn more playing opportunities

This is an important part of growth as both an athlete and individual.



PARENT COMMUNICATION POLICY

Parents may NOT discuss playing time with coaches.

We ask all families to respect the coaching staff and their decisions. This policy helps maintain a positive and professional environment for all athletes.

DISCIPLINE & ATTENDANCE

DISCIPLINE & RESPECT

All athletes are expected to show respect at all times toward:

- Coaches
- Teammates
- Officials
- Opponents
- Staff



Athletes must represent Nona Volleyball Academy with professionalism both on and off the court.

Zero tolerance for:

- Disrespectful behavior
- Use of profanity
- Unsportsmanlike conduct
- Possession of alcohol, tobacco, or illegal substances

Violation of these standards may result in:

- Loss of playing time
- Suspension
- **Immediate dismissal from the academy without refund**

ATTENDANCE POLICY

Attendance is mandatory for all practices and tournaments.

- Athletes must arrive at least 10 minutes early
- Absences must be communicated in advance
- Repeated absences may affect team placement and playing time

Athletes with excessive absences may be subject to review by coaches and directors.

Attendance directly impacts:

- Playing time
- Team role
- Development opportunities

PARENT CODE OF ETHICS



I WILL

Support my child in both wins and losses

Encourage good sportsmanship

Respect coaches, officials, and all players

Create a positive environment

Prioritize my child's well-being over winning

Help my child enjoy the game

Support the academy and its values

Body



I WILL NOT

Harass or challenge officials

Coach from the sidelines or interfere with coaches

Criticize players, coaches, or teams

Create negativity at events

Bring prohibited items (including firearms) to events



WE ARE ALL PART OF ONE TEAM. LET'S LEAD BY EXAMPLE.

ATHLETE CODE OF CONDUCT

ATHLETE EXPECTATIONS

Athletes at Nona Volleyball Academy are expected to represent the program with discipline, respect, and integrity at all times.

- Treat coaches, teammates, officials, and opponents with respect
- Demonstrate commitment to practices, tournaments, and team responsibilities
- Communicate with coaches regarding absences or conflicts
- Prioritize academics and personal development
- Follow all team, travel, and facility rules
- Maintain positive behavior on and off the court
- Take responsibility for personal and team equipment

ZERO TOLERANCE POLICY

Nona Volleyball Academy has a zero-tolerance policy for:

- Alcohol
- Tobacco
- Drug use
- Disrespectful behavior

Any violation may result in:

- Immediate suspension
- Removal from competition

- **Dismissal from the academy without refund**



DISPUTE & COMMUNICATION POLICY

24-HOUR RULE

Parents and athletes must wait at least 24 hours after a game, practice, or tournament before addressing any concerns with a coach.



STEP 1 – PLAYER TO COACH

The athlete should first communicate directly with the coach regarding any concerns or questions.

STEP 2 – PLAYER + COACH

If the issue is not resolved, a meeting between the player and coach should take place.

IMPORTANT GUIDELINES

- Do not approach coaches before or during practices or tournaments
- Communication must remain respectful and professional
- Parents should allow athletes to advocate for themselves first

STEP 3 – COACH + DIRECTOR

If needed, the issue may be elevated to include the club director.

STEP 4 – FINAL REVIEW

A final meeting with all parties may take place. The decision of the club director is final.

ACKNOWLEDGMENT & AGREEMENT

By participating in Nona Volleyball Academy, I acknowledge that I have read and understand the NVA Handbook.

I agree to follow all policies, rules, and expectations outlined in this document.

I understand that failure to comply may result in disciplinary action, including removal from the program without refund.

I accept this agreement electronically and understand that my registration, payment, or digital confirmation serves as my official acknowledgment and consent.

DIGITAL CONFIRMATION REQUIRED

By completing registration, submitting payment, or confirming through SportsPlus/Team App, you are electronically agreeing to all terms outlined in this handbook.

I have read and agree to the Nona Volleyball Academy Handbook

This agreement is managed and confirmed through NVA's official platforms (SportsPlus, email, and team communication systems).



WELCOME TO THE NVA FAMILY

At Nona Volleyball Academy, you are more than an athlete — you are part of something bigger.

You are part of a culture built on discipline, commitment, teamwork, and growth.

Every practice, every match, every moment is an opportunity to become stronger—not just as a player, but as a person.

We don't just build volleyball players. We build leaders.

We build teammates.

We build confident young men and women who are ready for life.

**WE BUILD AMAZING
WOMAN
THAT HAPPEN TO BE
EXCELLENT
VOLLEYBALL PLAYERS**